

# MORNING ROUTINE

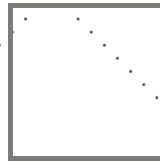
A visual schedule with normal school morning requirements.

Use this visual schedule to help reduce the amount of times you need to verbally prompt your child.

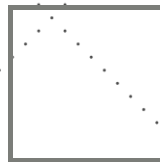
This will hopefully reduce morning anxiety and make for a smoother and calmer morning when trying to get out to door for school.

Consider laminating it and allowing your child to check off tasks as they complete them.

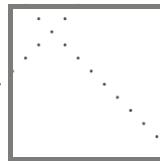
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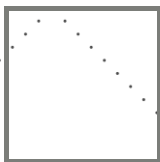
Wake up



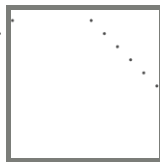
Get Dressed



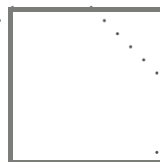
Breakfast



Teeth Brush



School Item



Leave For School